

# Cloth Face Covering Do's & Don'ts

## DO:



- Make sure you can breathe through it
- Wear it whenever going out in public
- Make sure it covers your nose and mouth
- Wash after using
- Wash or sanitize your hands after re-adjusting or touching the face covering
- Keep at least 6 feet between yourself and others, even when you wear a face covering

## DON'T:

- Use on children under 2
- Use surgical masks or other personal protective equipment (PPE) intended for healthcare workers

Adapted from the CDC for



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)